



Pesto Chicken Salad Recipe

Brunch • Chicken

Prep time: 10 mins

Ingredients

2 Chicken Breasts - cooked and chopped/shredded
2 Celery Stalks - chopped
1/2 Cup Pesto
1/4 Cup Mayonnaise
1/2 Cup Shredded Parmesan Cheese
Salt/Pepper - to taste

Directions

1. Cook chicken and prepare pesto if needed.
2. Combine all chicken salad ingredients. Stir.
3. Salt and pepper to taste.

Nutrition

Amount per serving
Serving size: 1 g
Calories: 399
Total Fat: 31g
Saturated Fat: 7g
Cholesterol: 71mg
Sodium: 476mg
Total Carbohydrate: 4g

Dietary Fiber: 1g
Sugars: 1g
Protein: 26g